Hello Wrestling Parents,

We are so excited to be able to offer this Fall Wrestling Season for our kids and glad you can join us.

Our 2024 Registration form is available on the website. Please print a copy for each wrestler, fill out and bring with you to the first practice.

Registration fees include a team tee shirt, singlet loan and the necessary USA wrestling card as well as miscellaneous Club overhead through the season. Fees this season will be as follows:

## First wrestler \$75, each additional sibling \$40/ea

Each tournament has its own fees that go directly to the North Idaho LG League and the team hosting the tournament. Those fees can be paid up front or week by week. It is \$15 per wrestler for each tournament, the Panhandle Championship tournament is \$20.

If you need scholarship assistance, please email us at <a href="mailto:prlgwc@gmail.com">prlgwc@gmail.com</a> with SCHOLARSHIP REQUEST in the subject line and a quick note explaining your need and the ages, experience and number of wrestlers you have. Please plan to come to the first practices, we don't want lack of finances to stop any child from wrestling with us! We will be in touch with you regarding scholarship availability and amounts.

This year we will not be collecting a singlet deposit; however, we will still need singlets returned after the season and if for some reason your singlet is lost or destroyed you will be responsible for the \$50 replacement cost. Please help us by caring for your singlets, washing them and gently drying after each use. Singlets only need to be worn for tournaments and the photo day.

## Practices will be held at Priest River Junior High School beginning October 1, 2024

Session 1 6:00-6:45 (birth years 2017-2020) Session 2 6:50-8:00 (birth years 2016-2010)

Practice Schedule: Tuesday and Thursday's October 1-16 Monday and Wednesday's October 21 thru end of Season

Please have your child wear shorts or sweatpants and a tee shirt for practice – Blue jeans or pants with buttons, zippers or the like are not allowed on the mats.

Your child will also need a pair of wrestling shoes. **These shoes should be worn in the Gym and on the mats ONLY. Please wear street shoes coming and going to the building**. If you can purchase or get a pair before the first practice that would be great. If you would like to go through our box of hand-me-down shoes please come to the first practice and look through the box. We have a good number of shoes but cannot guarantee availability to fit your child. The Clothing Closet in Priest River often has a selection, so check there as well.

Please plan to bring your children to the gym door on the East end of the building, come in and help them get their wrestling shoes on and be ready to BEGIN practice at the above time.

If there are others in the Gym when you arrive, please gather quietly in the hallway and help your kids get shoes on and be ready for practice. Session 2 wrestlers can come in the Gym and gather quietly in the bleachers and be ready for their practice.

>>>> Don't forget a water bottle for your child – the school has a water bottle filling machine in the hallway but it is NOT a drinking fountain.

Our team will be utilizing the Telegram text app as the primary form of communication through the season. We have a group chat page, please join the group HERE and turn on notifications for the app and the group so you do not miss any updates or information. If there are any changes to the practice schedule due to school or weather issues, please check the Telegram group page for updates. We will also post reminders for upcoming tournaments, weigh-ins and other reminders throughout the season.

As we are a small group of parents running this program, we cannot maintain multiple avenues of communication, so please check this group frequently and use it to ask questions or get clarifications as well.

If you aren't on the Facebook page yet, search <u>Priest River Little Guys Wrestling</u> and ask to join the group.

Please read through the various posts and links already on the website – we will continue to refine and update those pages and hope to use it as a form of communication with our wrestling family. The tentative tournament dates and locations are posted. And please bookmark our website – <a href="https://www.priestriverwrestling.com">www.priestriverwrestling.com</a> and check it for updates regularly!

We will also have an online store to purchase additional Priest River wrestling hoodies, etc – the link will be shared in the Telegram group soon! We will need to have those orders in by date on the website to ensure timely arrival. All registered wrestlers will get a team tee shirt included in their registration, but please feel free to order additional for siblings and family!

- 1) There are documents linked <u>on this page of our website</u>, please open and read all of them. The forms that have signature spots at the bottom, please print out if you are able and bring them signed to the first practice. If you have multiple children, please print all their names on one form and sign it, we do not need one for each child. If you do not have a printer, please read all the information and we will have forms printed you can sign at the first practice.
- 2) We are actively looking for some additional leadership help on the Club Board. If you are interested in helping as a "Member-at-Large" this Fall and filling in where needed and learning what all we do, please let us know ASAP and we would welcome your help and perhaps down the road you can help fill other Board positions.
- 3) We would also love to find an internet savvy person to help us with our social media and website maintenance and updates. If you or an older child in your family has experience and would like to help us in this capacity, please let us know!

Please let us know if you have any additional questions – we can all be reached at the Club email address: <a href="mailto:prlgwc@gmail.com">prlgwc@gmail.com</a> or through the Telegram group– or you may call or text any of us at any time with the numbers below.

We are looking forward to a great season!

Your Priest River Little Guys Wrestling Club Board,

President - Paul Turco (303) 709-0644

VP/Head Coach - Casey Caudill (208) 627-7474

Secretary - Jennifer McLaimtaig (208) 610-8101

Treasurer - Lisa Mitchell (208) 590-0370